

Don't miss Discovering the Total Self courses!

We are offering a unique series of evening courses in personal and spiritual development this summer:

TS-01 Meditation and the Chakras, July 10

Explore fundamental meditation theory. Learn the Chakra system and how to use it as a basis for meditation. Develop the ability to meditate effectively. Use creative visualization, intention, and the law of attraction and apply to goal setting.

TS-04 The Path of Emotional Healing, July 12

Mental health means striving to balance all aspects of our life: social, physical, spiritual, economic and mental. Total Self 4 introduces the psychospiritual approach—embracing light and dark, on the road to emotional healing and wellness. Learn how to relate relationships and emotional blocks and how to create change in your life.

TS-05 Spiritual Healing and Energy Transfer, July 9

In Total Self 5 you will discover the principles of spiritual healing and energy transfer. Learn how to open and balance another's chakras. Use body mapping and a healing technique created by Transformational Arts.

Register online or by phone today!

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Summer
SERIES
2018

Summer is a state of mind.

This Summer join us for a series of evening lectures on spiritual development and personal growth.

www.transformationalarts.com

Welcome to the 2018 Summer Series at Transformational Arts!

Join Transformational Arts instructors for our popular Summer Series. As always, a full spectrum of exciting topics is covered, providing you with experiential learning and practical tips for your everyday life. Meet a variety of the College's facilitators and experience their various styles and approaches to psychospiritual development, holistic health and personal growth.

Summer Series evenings are open to everyone—happening on Wednesdays starting June 27 until August 22 from 7-9:45 pm. You can register for the entire series or enroll in individual sessions that are of particular interest to you.

Fee: for individual lectures: just \$40.00! or register for the entire series of 7 at a reduced rate of \$250.00, including HST.

Register Soon!

call: 416.484.0454 ext. 10

email: tac@transformationalarts.com

online:

www.transformationalarts.com/summerseries

1 Your Home – Your Self

Do you feel at home where you live? Is your home a sanctuary, a peaceful place where you feel energized and nourished? Explore the powerful relationship you have with both your inner self and the home you choose to live in.

An evening of self-discovery, bringing consciousness to the direct relationship with your inner home and the spaces you live and work in; what they can teach you and how they can be a catalyst for personal growth and healing.

Learn about energetic patterns that support or hinder you, as well as, practical tools to empower you.

When: Wednesday, June 27, 7 pm - 9:45 pm

With: Joanne Morgan, Registered Psychotherapist, Spiritual Director, Certified House Whispering Practitioner, Empowerment and Healing Coach

2 Conscious and Soulful Relationships

In our everyday life, we are constantly dealing with relationships. They can be romantic, with co-workers, family, friends, the cashier at a grocery store and most importantly the relationship to ourselves. In most cases, we allow old, mostly unconscious patterns to dictate how we show up in our relationships. We will explore how these patterns play out for us in the dynamics of our relationships and why we keep on attracting the same people. What role does trusting ourselves and trusting others play? What are the different stages that relationships go through? And lastly, how can you make your relationships more conscious and soulful.

When: Wednesday, July 4, 7 pm - 9:45 pm

With: Maria Gallé, Registered Psychotherapist, Spiritual Director and Life Coach

**No Summer Series Wed. Jul. 11 - Compassion Circle is scheduled for Fri. July 13.*

3 Embodied Sound – The Voice of Your Divine Spark Within

Voicing our thoughts, speaking our truth, singing our soul song...at times we do this well and at other times we find it challenging. This experiential workshop creates a safe space within which to engage with our inner soundings. Through playful vocalization, quiet reflection, and exploration of voice, physical movement and various instruments, we can connect with the vibrations of sound as it resonates in and through our bodies, gently tuning us to the voice of our divine spark within.

When: Wednesday, July 18, 7 pm - 9:45 pm

With: Sarah Clarke, Spiritual Director and Life Coach

4 What Is Your Superpower?

Many of us admire superheroes for their ability to achieve feats beyond what we believe are human capabilities. But what if you discovered that you can heal yourself or help others heal? What if you could re-experience your past or visit other realms without leaving your chair? Please join me for an evening of discussion and exploration of abilities that you already possess, but perhaps have not embraced yet. And then you can decide if you would like to strengthen your superpower and how to put it to greater use.

When: Wednesday, July 25, 7 pm - 9:45 pm

With: Andrew Kun, Registered Psychotherapist and Yoga Therapist

5 Enhancing Abundance in Your Life

Abundance is a natural state for us to be in and is part of our divine right. The success of the highly popularized book, "The Secret" was based on this principle. However this book did not incorporate how you can be blocked in receiving your desires and abundance and how to release this energy to receive. How do you release your blocks to having everything you desire in this lifetime? This workshop will provide the surprising answers to releasing your blocks and having all your desires enter your life!

When: Wednesday, August 1, 7 pm - 9:45 pm

With: Pauline O'Hanlon, Registered Psychotherapist and Spiritual Director

6 Becoming Clear: The No-Nonsense Lowdown on Energy Clearing & Psychic Protection

Have you had an encounter with things that go bump in the night and are not sure what to do? Do you find yourself bombarded with other people's energy and feel overwhelmed? More and more people are experiencing the wonder of the non-physical realms but are also unsure of how to feel safe and protected. This special workshop presents tips and tools for dealing with "low level entities", heavy space and "energy vampires". Excellent for HSP and Empaths.

When: Wednesday, August 8, 7 pm - 9:45 pm

With: Tiffany Lazic, Registered Psychotherapist and Spiritual Director

**No Summer Series Wed. Aug. 15 - Compassion Circle is scheduled for Fri. Aug. 17.*

7 How to Use the 7 Rays of Power

The 7 Rays of Power are contained in our energy field: 1) Will and Power, 2) Love and Wisdom, 3) Active Intelligence, 4) Harmony through Conflict, 5) Knowledge/Technology, 6) Idealism/Devotion, 7) Order/Ceremonial Magic. Discover how the rays correspond to different personalities, chakras, and professions. Explore what your predominant rays are and how they play out in your life. Learn to develop the qualities of all the rays to express the full potential of your being.

When: Wednesday, August 22, 7 pm - 9:45 pm

With: Linda Kuschnir, Registered Psychotherapist, Spiritual Director, Holistic Energy Work Practitioner, and Life Coach

Also, Don't Miss: The Compassion Energy Circle

Taking place every other Friday, facilitated by Gord Riddell with a dedicated volunteer team of staff, graduates and faculty members, the Compassion Energy Circle is an inclusive interfaith gathering designed for everyone interested in the giving, receiving and sharing of spiritual healing energy. All faiths and all spiritual beliefs are welcome.

Fee: This is a voluntary pay-what-you-can evening and includes a short practical talk, a guided meditation, group and individual energy work.

Summer Dates: Friday, July 13 and Friday, August 17 (Fall session resumes Friday, September 21)

Registering for Summer Series

Payment Options: Cash, credit card (VISA, MasterCard), Debit

Registering Online:

You may register securely online through PayPal at: www.transformationalarts.com/summerseries

Lectures fill quickly, register early to reserve your spot and avoid disappointment!

Transformational Arts reserves the right to cancel any lecture due to unforeseen circumstances. Registrants will be notified by telephone at least 2 days prior to the lecture date.

Fees are non-refundable, but can be transferred to another lecture in this series.

College Location

3300 Yonge St, Suite 301, Toronto, ON

Just 3 blocks north of the Lawrence TTC subway station at Lawrence Ave and Yonge St, use the Bedford Park exit.

Meter parking is available in front of the building and a Green P parking lot is located across the street at Yonge St. and Glenforest Rd. Please check parking signs for hours and rates.

Office hours: 9:30 am-5:30 pm, Monday to Friday



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